

THEME: SYMBOLS OF THE WORD OF GOD

LESSON #1: FOOD FOR THE SPIRIT

LESSON SCRIPTURES: 1 Pet. 1:24-25; 2:1-2; Mat. 4:1-4

MAIN EMPHASIS: The word of God is nourishing food, feeding the spirit.

MEMORY VERSE: Colossians 2:7 (NLT)

“Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught...”

SPECIFIC OBJECTIVES: At the end of the session, the students should be able to:

1. Understand how the word of God is food to man;
2. Identify the significance of the word of God to Christians, especially new converts;
3. Determine the benefit of spiritual food or milk to one's salvation;
4. Determine the means of how we can eat the word of God;
5. Understand the effects of insufficiency of God's word or the lack of it;
6. Purpose in their hearts the necessity of studying God's word; and
7. Understand and recite the given memory verse.

CLEARING OF DIFFICULTIES:

- Physical food – any nourishing substance eaten, drunk, or otherwise taken into the body to sustain life, provide energy, promote growth, etc.; also called bread
- Spiritual food – word of God;
- Wilderness – an uncultivated, uninhabited region; waste; wild.
- Temptation – the desire to do something, especially something wrong or unwise.
- Fasting – to abstain from all food
- Eternal – lasting or existing forever; without end.

PRE-SESSION ACTIVITY:

INTRODUCTION:

The Bible is the word of God and the most important book one could ever read. But not all value the importance of having a Bible nor the need to read it. The growth of a Christian is based on his/her study of the word of God and how one values the importance and necessity of God's word to one's life.

LESSON PROPER:

The Word of God is Eternal (1 Pet. 1:24-25; 2:1-2)

“All people are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, but the word of the Lord endures forever.” Every earthly thing will last or end but the word of God will remain for eternity. One who values the word of God will less likely to be deceived and most likely to grow in the faith. On the other hand, one who does not value the word of God will more likely to be deceived and his or her eternity is in question or without assurance.

Jesus Is Tested in the Wilderness (Mat. 4:1-4)

Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. After fasting forty days and forty nights, he was hungry. The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.” Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

LIFE APPLICATION:

People need food to feed the physical body but many do not know that man also needs spiritual food to feed the spirit. Without physical food, the physical body dies. Same with the spiritual, not being fed of the word of God, the spirit dies.

ENRICHMENT ACTIVITY:

EVALUATION:

SEVEN SYMBOLS USED TO ILLUSTRATE THE WORD OF GOD.

1. **A SWORD:** The bible is a pointed word that convicts the hearer. Heb.4:12.
2. **A HAMMER:** The bible is powerful and breaks the resistance of the hearer. Jer.23:29.
3. **A SEED:** The bible is a living word regenerating the hearer. I Per.1:23.
4. **A MIRROR:** The bible is a faithful word, revealing the individual to himself. James 1:23-25.
5. **A FIRE:** The bible is a burning word, consuming the dross in the hearer. Jer.20:9, 23:29.
6. **A LAMP:** The bible is an illuminating word guiding the believer day by day. Ps.119:105.
7. **FOOD:** The bible is nourishing food, feeding the soul. I Pet.2:2, Heb.5:12-14, ICor.3:2, Rom.10:17. Certainly, the word of God convicts, breaks, regenerates, reveals, consumes, illuminates and nourishes the individual.