

Unit Title : **WORSHIPPING GOD**
Lesson 5 : **WORSHIP IN FOUR ACTS**
Bible Story : ENOCH WALKED WITH GOD
Lesson Scripture : Gen. 5:21-24; John 14:23-24; Luke 24:50-53

Main Emphasis : **To live a life of worship is to live a life for God.**

Objectives : By the end of this session, the students should be able to:

1. define "life of worship";
2. acknowledge that to live a life of worship is to live a life for God;
3. practice and develop a life pleasing to God like Enoch;
4. assess their worship life;
5. assess their life according to God's word and teachings;
6. acknowledge that not living a life for God is hypocrisy;
7. recite the memory verse.

Words to Remember :

ACT – take action; do something.

REMEMBER – have in or be able to bring to one's mind an awareness of (someone or something that one has seen, known, or experienced in the past).

SPEAK – say something in order to convey information or to express a feeling.

LISTEN – give one's attention to a sound.

LIVE – to practice, obey, or to represent.

Memory Verse:

Psalm 100

¹ *Shout for joy to the Lord, all the earth.*

² *Worship and serve the Lord with gladness; come before him with joyful songs.*

³ *Know that the Lord is God. It is He who made us, and we are His; we are His people, the sheep of His pasture.*

⁴ *Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.*

⁵ *For the Lord is good and his love endures forever; his faithfulness continues through all generations.*

Pre-Session Activity:

Lesson Proper :

Q: For you, what do you mean by "Life of Worship"?

ENOCH WALKED WITH GOD (Gen. 5:21-24)

This Enoch was the great-great-great-great-grandson of Adam. Genesis 5:22-24 says, "After he became the father of Methuselah, Enoch walked faithfully with God 300 years and had other sons and daughters. Altogether, Enoch lived a total of 365 years. Enoch walked faithfully with God; then he was no more, because God took him away."

Hebrews 11:5 gives a little more detail: By faith Enoch was taken from this life, so that he did not experience death: 'He could not be found, because God had taken him away.' For before he was taken, he was commended as one who pleased God.

Enoch draws a lot of attention due to the mystery surrounding him. Far too much speculation has gone into how and why God took Enoch away. Instead of conjecturing, we should be seeking to follow Enoch's example by being men and women who walk faithfully with God and seek to please Him with our lives.

Q: What is the greatest commandment?

JOHN 14:23-24

Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

DISCIPLES CONTINUALLY WORSHIP (John 14:50-53)

When he had led them out to the vicinity of Bethany, he lifted up his hands and blessed them. While he was blessing them, he left them and was taken up into heaven. Then they worshiped him and returned to Jerusalem with great joy. And they stayed continually at the temple, praising God.

Life Application :

Worshipping God does not mean only praising and singing songs to Him. It does not only mean adoration in prayer. It does not only relate to praise and worship service. It does not only mean lifting up His name by the words we say.

Worship is not only what we say, but what we do and live. To live a life of worship is to live a life for God.

How do we live a life for God? These are the FOUR ACTS:

1. We worship God when we deliberately REMEMBER Him and think lovingly about Him.
2. We worship God when we SPEAK to Him.
3. We worship God when we LISTEN to Him.
4. We worship God when we LIVE obediently to His will.

The first one involves your mind. Your thoughts should involve God and things about Him. The second and third relate to your prayer life, to take prayer seriously and sincerely. The last involves your lifestyle, a life pleasing to God.

To live for God means to live a life pleasing to Him. To please God means to obey and follow His word and teachings. In that way, we truly worship Him not only with our lips but also with our lives.

Evaluation :

1. **What do you mean by "Life of Worship"**
2. **Who is the one who walked with God and have escaped death?**
3. **What did the disciples do when Jesus ascended to heaven?**
4. **How do you prove your love for God?**
5. **What do you mean by "Live a Life for God"?**